



Raising HOPE staff are available for support, trainings, coaching, and ongoing educational and financial support to our pairs.

## Program Accomplishments

Raising HOPE mentees have completed GED courses as well as post-secondary courses of study in nursing, liberal arts, substance abuse counseling, culinary arts and cosmetology. Others have obtained jobs in retail, childcare, eldercare, business administration, photography, landscaping, healthcare and publishing. Accomplishments continue to evolve as new mentees enter the program with new goals.

## Raising HOPE Program Staff



Amy Summers is the **Program Coordinator for Raising HOPE**, responsible for the recruitment of mentors and mentees and coordinating all Raising HOPE activities and special events, as well as all record-keeping and program evaluation.



Judith Bromley, MS RN, is the **Raising HOPE Mentoring Coordinator**, responsible for in-depth interviewing of all potential candidates, matchmaking, training and supervision of the pairs.



## Become a Mentor

*"I admire my mentee's strength and resilience tremendously and my feeling that our time together might make a difference in both of our lives is thrilling!"*

Raising HOPE is a program of the



450 Ulster Avenue • Kingston, NY 12401  
845-331-4199  
[www.ulsterunitedway.org](http://www.ulsterunitedway.org)



## The Role of the Mentor

Raising HOPE provides mentoring and financial assistance to women who have experienced barriers to attaining their personal, academic, and professional goals. Mentors assist mentees in clearly establishing their goals and developing a concrete plan to achieve them. Mentors are not therapists or counselors, but instead more akin to friends who provide advice, guidance, act as a sounding board, or simply provide a listening ear. For the mentees in our program, the mentor is often the first role model they've ever had, and the impact is powerful.

Mentees must be over 18 and free of drug, alcohol or domestic violence issues for at least six months.

***"Raising HOPE brings women together to give, share, grow and learn from one another. The program has had a profound impact on the lives of both mentors and mentees who have been privileged to participate."***

## Who is eligible to become a mentor?

We welcome all women 30 years of age and older who have life experience they'd like to share and a desire to help others.

### How do I become a mentor?

- 1. Contact** the Raising HOPE Program Coordinator Amy Summers at 845-331-4199, ext. 4 or email her at [asummers@ulsterunitedway.org](mailto:asummers@ulsterunitedway.org) to get an application.
- 2. Complete the mentor application** and email it to the Program Coordinator at [asummers@ulsterunitedway.org](mailto:asummers@ulsterunitedway.org) or mail it to her at United Way of Ulster County, 450 Albany Avenue, Kingston, NY 12401.
- 3. Meet with the Raising HOPE Mentoring Coordinator, Judith Bromley, for an in-depth interview** for 1-2 hours. Based on your interview, she will match you with a mentee.
- 4. Meet your mentee at the Raising HOPE Orientation/Dinner** (childcare provided).
- 5. Assist your mentee in developing personal, educational, and professional goals** she would like to achieve.
- 6. Work with your mentee** for one year for 1 hours/week to assist her in achieving her goals.



***"There is something so powerful about witnessing someone else's success."***

We offer monthly mentor lunches that provide support and relevant educational workshops, as well as mentee/mentor dinners with guest speakers and activities.



***"My Mentee has always been honest in our discussions, even when it is difficult."***