

Covid-19 Regroup & Reboot: Virtual Workforce Wellness & Productivity
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Lisa Cypers Kamen, Harvesting Happiness
www.harvestinghappiness.com

The Corona virus has up-ened our daily lives and disrupted businesses around the world. Covid-19 has permeated every aspect of our daily experience from how we live and work to how we engage with the world. Business as usual is no longer the status-quo and effective crisis management is essential in the recovery process.

Our first goal is safety followed by a solid response plan that guides employers and supports employees to greater well-being while successfully transitioning the workforce from brick and mortar to home-based virtual offices.

Smart companies recognize that the only constant is change and the ability to pivot swiftly, responsibly, and effectively are hallmarks of good management. Crisis is frightening and destabilizing. It makes us feel anxious and out of control. At the same time, a crisis can also inspire incredible creativity and growth opportunities.

Join us in this 6-part webinar series that will cover key elements in regrouping and rebooting personally and collectively:

- Emotional first-aid and wellness practices that support stabilization, self-care, and family life
- Managing stress, anxiety, and depression in times of uncertainty
- Communication strategies that fortify operational continuity, employee morale, and productive online collaboration
- Inspiring design thinking and creative problem-solving to take advantage of crisis as opportunity
- Best practices for virtual office etiquette that will inspire social connection and reinforce collaboration as the key to recovery
- Investment in authenticity, courage, empathy, compassion, and humor as valuable assets to build a more resilient workforce that ultimately delivers a greater ROI